

## REGISTRATION FORM

Please register online at [www.centacaremelbourne.org](http://www.centacaremelbourne.org) or complete the following details and forward with your full conference payment (see over) by Friday 6 August 2010. A separate registration form must be completed for each person attending the conference.

First Name: \_\_\_\_\_

Surname: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Suburb: \_\_\_\_\_

Postcode: \_\_\_\_\_

Telephone (daytime): \_\_\_\_\_

Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Organisation: \_\_\_\_\_

Amount Enclosed: \$ \_\_\_\_\_

Are you a current member of MAREAA?

Yes / No

Do you have any special needs?  
Physical or dietary (please state)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## FURTHER CONFERENCE AND REGISTRATION INFORMATION

### Contact:

Karin Kaiser

Tel: 03 9287 5516

Fax: 03 9287 5599

Email: [karin.kaiser@centacaremelbourne.org.au](mailto:karin.kaiser@centacaremelbourne.org.au)

### Parking:

Limited parking is available. Enter off Lansdowne Street. The venue is in close proximity to Parliament Station and trams. (refer to Melway Map 44 A7). Conference entry from car park.

### Bookshop:

An excellent range of books and resources will be available for purchase at the conference courtesy of 'Peoplemaking' bookshop.

### An opportunity not to be missed!

#### Saturday 28 August 2010

9.00am – 5.00pm

Cardinal Knox Centre  
383 Albert Street  
East Melbourne

(Enter carpark off  
Lansdowne Street)



MAREAA

Marriage and Relationship Educators' Association of Australia,  
Victorian Branch State Conference 2010

# TALKING ABOUT 'Y' GENERATION: TEMPERAMENT AND CHALLENGES

**SATURDAY 28 AUGUST 2010**  
**9.00am – 5.00pm**

Cardinal Knox Centre  
383 Albert Street (cnr Lansdowne Street)  
East Melbourne

A state-wide conference for both professional  
and voluntary practitioners interested in the field of marriage,  
relationship and family education.

A conference sponsored by the Victorian members of the Marriage  
and Relationship Educators' Association of Australia (MAREAA)

## CONFERENCE PROGRAM

9.00am	Registration
9.30	Welcome
10.00	Keynote Speaker: Diana Smart, Australian Institute of Family Studies
11.00	Morning Tea
11.30	Small group discussion, questions and feedback
12.30pm	Lunch
1.30	Workshops 1, 2, 3 (conference participants will attend all 3 workshops) "For Love AND Money" "Gender and Desire – Are They Related?" "And Baby Makes Three"
2.15	Workshop Changeover
2.25	Second workshop
3.10	Workshop Changeover
3.20	Third workshop
4.05	Plenary and close
4.30	Wine/cheese CSME AGM.

## KEYNOTE SPEAKER

### "HOW DO YOUNG AUSTRALIANS IN THEIR MID TWENTIES PERCEIVE LIFE, RELATIONSHIPS, MARRIAGE AND PARENTHOOD?"

The paper presents findings from the Australian Temperament Project (ATP) about life as experienced by young adults in Australia today, and their views about relationships, marriage and parenthood. The ATP is an ongoing, longitudinal study that has followed young people's psychosocial development from infancy to adulthood, investigating the contribution of personal, family, peer and broader environmental factors to adjustment and wellbeing. Commencing in 1983, this internationally renowned study has so far collected 14 waves of data across the first 24 years of life. A snapshot of how 23-24 year olds were faring in terms of their wellbeing, adjustment and risk taking will be presented. This will be followed by findings about their experience of romantic relationships, perceptions of cohabitation and marriage, and aspirations for long-term relationships, marriage and parenthood. Trends for the whole sample, and for young men and young women, will be presented.

**Ms Diana Smart** joined the Australian Institute of Family Studies in 2000 as the Project Manager for the Australian Temperament Project. She was until her recent retirement a General Manager (Research) at the Institute with responsibility for the Longitudinal Study of Australian Children and the Australian Temperament Project. Diana is a member of the Australian Psychological Society, and a registered psychologist with the Psychologists Registration Board of Victoria. Her research interests include child and youth adjustment, developmental transitions and pathways, and the fostering of social competence and social responsibility.

## WORKSHOP 1

### FOR LOVE AND MONEY *Your spouse is your financial partner!*

This workshop will assist educators to work with couples tackling the tricky issue of money. Participants will work with some ideas that can help couples understand their values and beliefs about money and how this plays out in their couple relationship. It will highlight their differences and how this can complement them as a couple when discussing money in their relationship.

**Denise Lacey** is Manager, Marriage and Relationship Education for Centacare Catholic Family Services, Melbourne. She has been working in this field for 17 years. Denise conducts a range of group programs, Foccus and group training programs and tries to manage a large team of relationship educators working in a diverse range of programs. The topic of **Money** in couple relationships has always challenged her!

## WORKSHOP 2

### GENDER AND DESIRE – ARE THEY RELATED?

Sex, or more precisely, too much or too little desire, is one of the "hot-button" areas commonly cited in relationship breakdowns. As educators, are we comfortable with this intimate subject? How do we approach and explore it with our couples or groups? Whose studies or work do we find most useful? What does or doesn't work and what would we prefer to do differently?

**Wendy Driscoll** is an educator, a committee member of the Victorian branch of MAREAA and an Advisory Board member of the Threshold Magazine for Educators. She is the Client Relations Manager at Entre Nous Relationship Educators and Consultants and a sessional trainer at Lifeworks.

## WORKSHOP 3

### "AND BABY MAKES THREE"

One of the often underestimated challenges for couples is the arrival of their first child. We will explore how and why this transition is challenging and look for ways facilitators/counsellors can work with individuals/couples. Will Generation Y be any different? As facilitators, what memories of our own experience do we need to be aware of that may influence our work?

**Jenny Cleal** is a member of the National Committee of MAREAA (Marriage and Relationship Educators Association of Australia) and is an active member of the State Branch and a trainer of the "Prepare-Enrich" program for couples. Jenny is a sessional worker for LifeWorks, facilitating Prepare, Committed Couples groups and community work where required.

## PAYMENT DETAILS

### Conference Fees:

(Includes lunch, morning and afternoon teas and all handout materials).

MAREAA/CSME Members:	\$75.00 per person
Non MAREAA/CSME Members:	\$80.00 per person
Students/Unemployed/Concession:	\$50.00 per person

Register online at [www.centacaremelbourne.org](http://www.centacaremelbourne.org)

### OR

Cheques and Money Orders should be made payable to:

### MAREAA

and forwarded with your completed Conference Registration Form (see over) to:

**Centacare**  
PO Box 196  
East Melbourne 8002

Enclosed is my cheque/money order for \$ \_\_\_\_\_

Please debit my credit card \$ \_\_\_\_\_

Mastercard / Visa

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Expiry Date: \_\_\_\_ / \_\_\_\_

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Postcode: \_\_\_\_\_

Signature: \_\_\_\_\_

ABN: 63361400454

**Marriage and Relationship Educators' Association of  
Australia, Victorian Branch State Conference 2010**

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TEMPERAMENT AND CHALLENGES**